

Cleveland County Mental Health and Substance Use Resource Guide

<p>Adventure House</p> <p>Adult Psycho-Social Rehabilitation</p> <p>924 North Lafayette St. Shelby, NC 28150 704-482-3370</p> <p>www.adventurehouse.org</p>	<p>Children’s Home of Cleveland County</p> <p>Outpatient mental health services to adults, adolescents and children</p> <p>1300 Gidney Street Shelby, NC 28150 704-484-2558</p> <p>www.chccinc.org</p>	<p>Integrated Care of Greater Hickory</p> <p>Substance abuse and mental health treatment, MAT, SACOT and SAIOP</p> <p>809 N. Lafayette St., Suite A, Shelby, NC 28150 828-322-5915</p> <p>integratedcarehickory.com</p>	<p>Phoenix Counseling</p> <p>Mental Health/Substance Use Crisis 24/7/365</p> <p>Cleveland Crisis and Recovery</p> <p>609 N. Washington Street Shelby, NC 28150 704-751-3693</p> <p>www.phoenixcc.us</p>
<p>Alexander Youth Network</p> <p>Treatment for Children and Adolescents</p> <p>Shelby PASS Day Treatment 1701 Charles Road Shelby, NC 28152 704-482-4800</p> <p>alexanderyouthnetwork.org</p>	<p>Crossroads Treatment Centers</p> <p>Medication-Assisted Treatment combining counseling services and Methadone or Suboxone</p> <p>1895 East Dixon Blvd. Shelby, NC 28150 704-466-3970</p> <p>crossroadstreatmentcenters.com</p>	<p>Monarch</p> <p>Mental Health and Medication Management for Children and Adults</p> <p>201 W. Marion St. Suite 100 Shelby, NC 28150 704-476-4027</p> <p>www.monarchnc.org</p>	<p>Preferred Choice Healthcare</p> <p>Outpatient Therapy for Adults and Children</p> <p>1243-4 E. Dixon Blvd. Shelby, NC 28152 704-487-4000</p> <p>www.pchnc.com</p>
<p>Alexander Youth Network</p> <p>Treatment for Children and Adolescents</p> <p>Central Day Treatment 409 W. Sumter Street Shelby, NC 28150 704-476-8062</p> <p>alexanderyouthnetwork.org</p>	<p>Epiphany Family Services</p> <p>Substance Use, mental health and group and family services</p> <p>1201 S. Post Rd., Suite 100 Shelby, NC 28152 704-536-6853</p> <p>epiphanyfamilyservicesnc.com</p>	<p>Kintegra Family Medicine</p> <p>Behavioral Health Services</p> <p>Locations: Shelby, Kings Mountain, Boiling Springs and Fallston 704-874-3316</p> <p>www.kintegra.org</p>	<p>Living Lotus Counseling</p> <p>Therapy for Individuals, Couples, and Families</p> <p>621-A South Lafayette St. Shelby, NC 28150 704-692-0723</p> <p>Livinglotuscounseling.com</p>
<p>Unique Psychiatric Care Solutions</p> <p>Therapy and Medication Management</p> <p>213 Patton Drive, Suite A Shelby, NC 28150 704-996-1454</p> <p>Uniquepsychiatriccaresolutions.com</p>	<p>Community Wellness Partners of NC</p> <p>Therapy for Individuals, Couples, and Families</p> <p>809 N. Lafayette St. Shelby, NC 28150 704-284-0554</p> <p>www.shelbytherapy.com</p>	<p>Art of Therapy</p> <p>Therapy for all ages – Individual counseling ages 12+, infant mental health, play therapy, and family</p> <p>117 W Marion St. Shelby, NC 28150 704-484-2111</p> <p>artoftherapycenter.com</p>	<p>Halos Counseling</p> <p>Therapy and counseling for: Individuals, Couples, Family, Groups, Teens, and Executive & Career Coaching</p> <p>205 S Washington St. Shelby, NC 28150 866-242-5648</p> <p>haloscounseling.com</p>

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<p style="text-align: center;">Bloom and Balance MH Counseling</p> <p>Family Centered Mental Health and Substance Use Therapy</p> <p style="text-align: center;">5 N. Lafayette Street Suite 3 Shelby, NC 28150 980-552-9374</p> <p style="text-align: center;">bloomandbalance.net</p>	<p style="text-align: center;">Foothills Consulting Associates</p> <p>Outpatient Therapy, Medication Management and Suboxone</p> <p style="text-align: center;">615 S. DeKalb St. Shelby, NC 28150 704-480-1882</p> <p style="text-align: center;">foothillspsychshelby.com</p>	<p style="text-align: center;">Phoenix Counseling Center</p> <p>Substance Use/Addiction Services and DWI Services</p> <p style="text-align: center;"><i>Shelby Outpatient Office</i> 804 N. Lafayette St., Ste. 2 Shelby, NC 28150 704-476-4106</p> <p style="text-align: center;">www.phoenixcc.us</p>	<p style="text-align: center;">Support Incorporated</p> <p>Outpatient Therapy and Medication Management for Children and Adolescents</p> <p style="text-align: center;">802 N. Lafayette St. Shelby, NC 28150 704-865-3525</p> <p style="text-align: center;">www.supportinc.org</p>
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Mental Health Crisis Lines and Resources

All Emergencies

Mobile Crisis Unit *(24 hours)*
 Cleveland Crisis and Recovery
 Partners Behavioral Health Crisis Line
 Atrium Behavioral Health *(24 hours)*
 Carolinas Poison Center
 HopeLine NC *(Call or Text)*
 National Suicide Prevention Lifeline
 Crisis Text Line

911

855-527-4747
 704-751-3693
 1-833-353-2093
 704-444-2400
 1-800-848-6946
 1-877-235-4525
Call or Text 988 or 1-800-273-8255
 Text CONNECT to 741741

Veterans Crisis Line

1-800-273-8255 Press 1

Teen Talk Line

1-800-650-8336



United Way
of North Carolina

United Way 2-1-1

Referrals to health and human services agencies
 Dial 211 or visit

www.unitedway.org/our-impact/featured-programs/2-1-1



Partners Access Line: 1-888-235-HOPE (4673)

<https://www.partnersbhm.org/provider-search/>



Kintegra Family Medicine: Behavioral Health Services

Locations in Shelby, Kings Mountain, Boiling Springs and Fallston

www.kintegra.org/behavioral-health/



Phone: 704-481-8637

<https://www.clevelandcountymha.org/>